

# Madison Manor Citizen

[www.madisonmanor.org](http://www.madisonmanor.org)

*The newsletter of the Madison Manor Citizens Association*

*January 2014: Vol. 21 No. 1*

Hello Neighbors,

Happy 2014! We hope you had a safe and joyful holiday season. This past year served as another reminder of what a wonderful community we are fortunate enough to live in. At our Executive Committee meetings we often find ourselves sharing stories and examples of what a special and unique neighborhood we have, and we hope you have had the chance to experience this realization first-hand as well. We are so thankful for all the volunteers who plan events, deliver fliers, manage our membership, and welcome new neighbors.

Hopefully you had the opportunity to join your neighbors at one of the many events that took place in Madison Manor this past year, such as the Memorial Day Parade, Easter Egg Hunt, Movie Nights or the Summer Picnic. Or, maybe you experienced our good ole fashion neighborly support system by getting a great recommendation on a plumber, or help finding a lost cat through the Madison Manor Civic Association (MMCA) discussion board.

If you are looking to get more involved, or to stay involved, with your community please consider volunteering and/or attending some of our events in the coming year. For example, we are hoping to revive the popular Home Additions Tour this year and need more assistance with pulling off this big event. We are looking for volunteers to help coordinate the event as well as volunteers to include their home addition on the tour. **Please email [mmcapresident@gmail.com](mailto:mmcapresident@gmail.com) if you are interested in volunteering for the Home Additions Tour or any of our other wonderful events.**

Another great way to stay connected with the Madison Manor Civic Association, and to be “in the know”, is to join the **MMCA Announce list serve**. This email list provides official updates on community happenings from the MMCA board. We also encourage you to join, and to be active users of, the **MMCA Discuss list serve**. This email list is a way to receive and post various community related discussion topics, and connect with your fellow Madison Manor neighbors. Please visit our website ([www.madisonmanor.org](http://www.madisonmanor.org)) and follow the homepage prompts on how to join both lists.

Finally, please join us at our next **MMCA Quarterly Meeting on February 6<sup>th</sup> at 7:30pm in the McKinley School library**. These meetings are a great opportunity to chat with the Executive Committee, and fellow neighbors, as well as receive important information that affects our community.

Hope you have a great New Year and we look forward to seeing and hearing from you soon.

All the best,  
MMCA Executive Committee

**QUARTERLY MEETING – Feb. 6 @ 7:30 IN THE MCKINLEY ELEMENTARY LIBRARY**

## MMCA Officers for 2013 - 2014

President	Jim Frison
Vice President	David Blair
Treasurer	Steve Elsberg
Secretary	Jenny Capone
Past President	Justin Hall
CivFed Primary Delegate	<b>Vacant</b>

## Committee Chairs

Bonfire	Judy Henderson
Egg Hunt	<b>Vacant</b>
Holiday Caroling	MaryLu Mahoney
Holiday Decorating	Last year's winners
House Tour	<b>Vacant</b>
I-66	Miriam Rollins
Membership	Carly Kelly
Memorial Day Parade	Adam Green
Movie Nights	Karyn Ewart
Neighborhood Conservation	Parker Harrington, Zach David
New Neighbor Welcome Newsletter	Maureen Yacobucci
Newsletter Distribution	Suzanne Plimpton
	Martha Kile, Julie Stradling, Errin Matechak
Pot Luck Picnic	Tracy and Becca Barnes
Stream Clean Up	Hank Ickes
Web Site	Tara Claeys
Yard Sale	Dick and Cathy Brooks
Young Entrepreneurs	Tammi McKinley

## Madison Manor Citizen

Founding Publisher Jonathan Harmon

The *Madison Manor Citizen* is the newsletter of the Madison Manor Citizens Association of Arlington, Virginia. The *Citizen* is reviewed by the Officers of the Association and published quarterly, generally in January, April, July, and October.

The *Citizen* has a circulation of 575 copies.

Deadlines for submissions to the *Citizen* are the 10<sup>th</sup> of the month prior to publishing. Exceptions to the deadline will be considered. Articles should be of general interest to the residents of our community and may be edited or rejected. Space is limited. Contact the Publisher.

The *Citizen* accepts advertisements. All ads need to be submitted in black and white, camera-ready form. Please contact Suzanne Plimpton at [shplimpton@comcast.net](mailto:shplimpton@comcast.net) for ad rates and sizes.

Copyright © 2014 Madison Manor Citizens Association

## Calendar of Events

### Quarterly Meeting

– February 6, 7:30 p.m.

### Easter Egg Hunt

– April 19

### Quarterly Meeting

– April 22, 7:30 p.m.

## Join the MMCA e-Mail Listserv and MMCA Discussion Listserv

Go to [www.madisonmanor.org](http://www.madisonmanor.org) to sign up to get important updates and to discuss neighborhood issues.

You can also go to Facebook and “like” us for all of the latest updates and to share information.

**facebook** | join our group +

## Got News? Got Pictures?

If you have community news or photos you'd like to share in our newsletter, we want to hear from you! Please send your stories or announcements to Suzanne Plimpton at [shplimpton@comcast.net](mailto:shplimpton@comcast.net)

News should be no more than 300 words in length and photos must be digital.

**MMCA newsletters are now available online.  
Check out our website at [www.madisonmanor.org](http://www.madisonmanor.org) for posted newsletters and lots of great information.**

## Community News

### Halloween Decoration Contest Winners:

Honorable Mentions:

The Donley family at 1112 N Quantico

The Hall family at 945 N Quantico



Adult Category: The Lewis Family at 1108 N. Powhatan



Kids' Category: The Craig Family at 985 N. Quintana

Thanks to the Carly Kelly & family and Steve & Kimberly Wong & family for cruising the neighborhood and judging the displays.

And thanks to everyone who has added interest and fun to our neighborhood with your decorations!

### Holiday Decoration Contests Winners:

Grown-ups Choice: The Donley Family (1112 N. Quantico)

Kids Choice: The Plimpton Family (925 N. Potomac)

Thanks to the Beckner-Kelly & Scheffel Families (2012 Winners & 2013 Judges)



Bonfire at Madison Manor Park –  
thank you so much to Judy  
Henderson!

## Community News

### **January- A Time for Rest and Reflection**

**By**

**Danylo Kosovych**

**Owner of Arlington, VA-based  
Organic Edible Gardens, LLC**

The shortest day of the year in the northern hemisphere is December 21<sup>st</sup>, the winter solstice. From the advent of the solar calendar, cultures have been holding celebrations on this day in association with their religious beliefs. At this time of the year all of the season's agricultural work would have been finished and the days were dark and cold. People were indoors and free of the bulk of their chores. If you make your living as a landscaper like I do then the agricultural ebb and flow of the seasons still largely applies. In reference to the suburban garden, the plants are in dormancy and the ground is frozen, now is a good time to rest, relax and reflect.

While snow will have to be removed from paved surfaces like the driveway, walkways and streets, it can be left alone on planted surfaces. Plants with marginal cold hardiness should have been mulched and protected from frost before the onset of winter. Late winter is the best time of the year for dormant pruning but not until February or March. The year's gardening work is finished. Take some time off.

Many companies have realized that giving their employees time off of work can actually increase productivity and quality of work when their employees return. This is especially true in reference to creativity. Progressive companies like Google are known to give employees an entire month off in an effort to boost creativity. As a result of this policy they have produced some of their most creative innovations. Removing yourself from direct mental and physical engagement with your work allows you to return to your work refreshed and with a new perspective. Simply being able to rest and refresh the mind and body will lead to improved results when one returns. A change of scenery and a break from the ordinary routine can produce insights previously not thought of.

If you kept records of your garden now is a good time to look them over and think about the next year. Walk the garden in winter and take note of the structure of trees and shrubs as they are bare of leaves. Pay attention to the garden beds and pathways, their layout is easier to see without all the vegetative growth of the summer. But most importantly take a load off. Read a book next to the fire. Go on vacation. Meet with family and friends. Drink, eat and be Merry!

**Young Entrepreneurs** *Need a helping hand? Contact these young entrepreneurs in our neighborhood!*

**Regan and Braeden's Pet Care Services**

Homeschooled children available during the week, as well as weekends. Regan and Braeden have two dogs and a snake. To hire them, call 703-237-6136. They come to your home to walk your dogs and care for your cats and you can bring your fish, birds and hamsters for sleepovers.

References include dogs, cats, rats, gerbils, a rabbit, and bearded dragons.

**Braeden's Mowing and Snow Shoveling**

Need someone to come over and mow? Shovel your snow? Braeden is experienced and at the ready. Email [regansmom@hotmail.com](mailto:regansmom@hotmail.com).



**Corrie Steele** (age 16): Red Cross-trained babysitter, Pet Care, Typing and Data Entry, Soccer Skills and Tutoring.

**Brian Taylor Steele** (age 14): Snow Shoveling, Dog Walking, Pet Sitting. You may reach Corrie or Brian at 703-532-2496 or [julie.steele@hok.com](mailto:julie.steele@hok.com).



**Laura Misra** (age 18) is a Red Cross-certified babysitter. You can reach Laura at 703-533-1565 or [lauramisra22@gmail.com](mailto:lauramisra22@gmail.com).



**David Aronson** is a computer wiz and can hook up electronic equipment. David has done cat sitting and house sitting (checking basement after rain, watering plants, etc.). 703-534-4718.

**Matthew and Alec's Twin Services**

Experience walking and taking care of dogs; raking; picking up mail and newspapers when neighbors are away. References available upon request. 703-842-4821 or 703-869-4259.



**Patrick's Pets** Patrick (age 11) is available to watch your pets while you are away. Reasonable rates and references available. Willing to take small animals home for full-time attention. Can also pick up mail, water plants, etc. Dogs will be considered if they have a fenced-in back yard. For more information, please contact 703-237-7975, or [dhramp@yahoo.com](mailto:dhramp@yahoo.com).



**Reliable Dog Walkers** Do you need someone to walk your dog? Do you need someone to take care of your dog when you are away? Mary, Lauren and Liz can help! They are students at Swanson and are dog owners. Email them at [dudeswalkingdogs@gmail.com](mailto:dudeswalkingdogs@gmail.com) or call 703-536-8719 for more information.



**Interested in beginning piano or clarinet lessons?** Contact Yorktown freshman Ben Celestino at 571-438-8067, [bcdcsports@comcast.net](mailto:bcdcsports@comcast.net), or visit his Facebook page "Crescendo: Piano and Clarinet Lessons with Ben Celestino"

*If you know a young entrepreneur who would like to be added, please e-mail Tammi at [tammi@novamidwife.org](mailto:tammi@novamidwife.org)*



## DID YOU KNOW?

**MADISON MANOR'S VERY OWN OUTDOOR  
FITNESS CLASS WAS RECENTLY VOTED ONE OF  
THE BEST IN ARLINGTON!**



**ARE YOU READY TO GET FIT?**

check out [bodybyginny.com](http://bodybyginny.com) to try a class for free!



*See You At The Park!*



Sunday Mornings — N. McKinley at Washington Blvd.



*From field to table in 125 miles or less!*

[www.westoverfarmersmarket.org](http://www.westoverfarmersmarket.org)

**One Week Free:**  
Mysore Yoga Classes

Valid 1/02/14–2/28/14



Please contact [Stair@LittleRiverYoga.com](mailto:Stair@LittleRiverYoga.com)  
to get started today!

6025 Wilson Blvd, Arlington, VA 22205  
[www.littleriveryoga.com](http://www.littleriveryoga.com)

RELAXATION TECHNIQUES FOR STRESS RELIEF:

# Yoga stretching classes in Mad Manor!

- One Hour of Deep Stretching and Guided Meditation
- Wednesday and Thursday evening 7-8 p.m.
- \$13/class or \$50/unlimited classes for one month
- Om Again Studio: 6134 11th Rd. N.
- All levels welcome

Contact Nancy at [nancycarterartist@gmail.com](mailto:nancycarterartist@gmail.com) for more information or to be included in the weekly email sign-up.



organic lawn care  
ecological landscape maintenance  
sustainable landscape design & installation

571.282.1724  
oegardens.com

Mention this ad and receive 10% off  
an annual maintenance contract!